



DISTRICT 91 UK SOUTH

NEWSLETTER

December 2018

Dear Seema

Welcome to the December 2018 newsletter.

This is the month of Giving, Remembering, Slowing Down, Gratitude, Believing in oneself...a time of Peace. An interesting quote by Jack Delosa "When we find a purpose that is bigger than ourselves, we become more powerful in our ability to create"

I had the opportunity to experience sharing Gratitude for small things in life at Harrovians Speakers Club recently, where all the members stood in a circle and each one expressed gratitude for one thing that evening. It brought a new sense of connection and it is this connection that **Andy Hammond** further highlights in his message.

This month, we bring you inspiring messages from toastmaster members sharing a glimpse into the Giving back attitude.

In Meet a Leader, we get a glimpse into the life of **Alison Morris**, District 91 Admin Manager.

Do keep a lookout for the January'19 newsletter with new vision and new ambitions from Division K as they lead the newsletter.

I hope you are enjoying these stories and please do not hesitate to share your feedback.

If reading this newsletter on a hand-held device, we recommend rotating it horizontally for better viewing.

This newsletter represents a round-up of the website and social media posts issued over the last month. The information is all replicated on our website with more detail; just follow the [<Read More>](#) links.



Diary Dates

District Officer Training on 19th & 20th January'2019 at Hilton London Gatwick Airport.



D91 SPRING CONFERENCE
Gateway to Growth

3rd to 5th May 2019

Ashford International Hotel - Kent

For more details [click here](#)

DLT Dispatches



Andy Hammond, our District91 Director, wishes everyone a Merry Christmas and shares his learnings from club visit in [New Ideas New Connections](#)

Arnaud Sartre, our Club Growth Director, in an update [Explorers](#) shares the status of the Explorers Cup and how easy it is for every club to get the Cup.

[Read More](#)

In the News



Each month, one of our Toastmasters writes an article which is then published externally in papers, journals and websites. We are always **looking for new ideas for articles**, so please contact [me](#) if you would like to write an article for external publications promoting toastmasters.

Vinette Hoffman-Jackson writes about effective usage of Props and gets more coverage in Lid Radio, BQ Live

Karen O'Donnell receives more coverage on her article about Presentation Pitfalls to avoid if you want to close more deals in Recruiter, BBP Media, Dealer Support, Entrepreneur and Investor

Richard Foster Fletcher's article is still popular and has got exposure on Training Zone, Family Friendly working

Nigel Oseland's piece of work on how to boost your career by becoming a go-to conference speaker has been picked again by Lid Radio

[Read More](#) to visit these articles

Meet a Leader

This month **Alison Morris**, our District Admin Manager shares with us why she joined Toastmasters and her life outside Toastmasters. [Click here](#) to read about her journey.

Meet a Toastmaster

Beauty Zindi, VP Membership with Watford Speakers shares her tips on how to inject humour into dry topics especially while reading out finance reports in [Help, My subject is boring!](#)

Tariq Pasha, Area Director C34 shares his [Experience at the Speaker to Trainer workshop](#) conducted by Pedro Casillas.

[How to GE at Home and Away](#) is an article by **Shaheen Jamshed Mufti** from Early Bird Speakers with some good takeaways as a General Evaluator.



Awards & Recognition



PR Awards will be given out during the District 91 May 2019 conference. The last date for submitting your nominations is 31March 2019. For more details on categories [click here](#)

Our congratulations go to the newly awarded DTM:

Amanda Zwarts, Epsom Speakers Club (Division H)
Glen Norman Savage, Riverside Communicators (Division B)

A warm welcome to **Tideway Toastmasters**, the newly chartered club in Division K, to the District 91 toastmaster family.

Resources & Links



Check out our website for [useful resources](#) and tools.

- [Talk Up toastmasters](#)
- [Performance Dashboard](#)
- [Marketing materials](#)

[Read More](#)

Stay in Touch

There is a wonderful opportunity to try your speaking skills on radio. Our immediate past PR manager, Nigel, has recently started presenting on Radio Dacorum, as a follow on from his toastmaster journey. He has a section called "Fanfare for the Common Man". It is an opportunity for the listeners to make a 2-3 minute speech. It can be a rant, words of wisdom or pub philosophy (no swearing, politics or religion).

Toastmasters members could **email** a 2-3 min speech recorded on phone as an MP3 file. It's a good learning experience (focussing on vocal variety and pace). The shows could also be heard later on Mixcloud.

Please share the newsletter with any fellow Toastmasters who you think may have not received it. Back copies of the E-Newsletter are on our website.

Kindly do not hesitate to share written articles with [me](#), both for the newsletter and for the non-toastmaster world. Do click on the icons below to follow us on our social media platforms and spread the Toastmasters message.

Warm regards

Seema Menon
District 91 PR Manager

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