



DISTRICT 91 UK SOUTH

NEWSLETTER

July 2019

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Greetings!

The new Toastmasters year provides all members with the opportunity to review their personal goals for the year ahead.

Whether it's starting on Pathways, launching a new club, helping another member by volunteering to be a mentor, becoming a Distinguished Toastmasters, or running speech craft event.

There is a wide range of opportunities to help you achieve your personal goals, why not discuss these with your VPEducation or President.

Hurrah for Hollywood! (In Croydon)

On Thursday 25th July, Croydon Communicators held its annual themed Movie Night.

This was our second Movie Night and came exactly 12 months after the first.

Why have themed Toastmaster meetings?

Toastmaster's founder Ralph C. Smedley said, "We learn best in moments of enjoyment."

Having a meeting where everybody really gets behind a fun theme is a way of making the meeting more exciting and can really turn it into something of a local 'event'.



[Read more...](#)

Hot Tip:

Remember when using pauses in a speech - count to 1 when you need a comma and count to 3 for a full stop.

News from the District Trio

The top 3 executive leaders of our District form the District 'Trio'. Their shared responsibilities are roughly equivalent to the CEO of a major company!

Listen how to inspire **Excellence in Action** from our District Director Florian Bay.

Learn how to be a **Better Leader** from our Arnaud Sartre our Programme Quality Director.



Review your **Personal Goals** with Helena Boden-Brewer our Club Growth Director



Take the Club Ambassador Challenge

Bronze Club Ambassador	Silver Club Ambassador	Gold Club Ambassador
 Monika Swiderska is happy to leave their comfort zone District 91 - 2018/19	 Ellis Byrne loves meeting new people District 91 - 2018/19	 Rakesh Patel is a true explorer! District 91 - 2018/19

Are you ready? Do you have what it takes to join our 2019 Club Ambassador of the Year Andrew Blake, or can you overtake our trail blazing 2020 Ambassadors Roz Etwaria, Daniel Klingberg, and Lloyd Griffiths.

The Club Ambassador Programme for 2019-2020 has already begun, with three intrepid explorers already reaching Bronze for this year. The programme is **open to any Toastmaster member**.

Simply pick a club to visit, go along (and even give a speech or take on a role), and then record the visit **on our district 91 website** to collect points.

The more clubs you visit, the further from your home club you venture, and the more roles/speeches you give, the more points you collect! This year we have extra incentives for those reaching Silver and Gold - including a branded Toastmasters rucksack for the

top echelon of travelling Toastmasters.

This video from last year can tell you more.



Never miss another learning opportunity

Keep track of fun themed meetings, interactive workshops and educational webinars with our [District 91 Calendar](#).



See District 91 in the News.

Learn how to make [pitch perfect presentations](#).

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