



District Leader

Biographical Information

Candidate's Name:

Candidate's Office: District Number:

Toastmasters member since:

Education:

I have dual legal qualification as both a Barrister and a Solicitor. I have a practising certificate as a Solicitor.

Toastmasters offices held and terms of service:

- 2021-2022, Area Director D3 (District 107)
- 2022-2023 VPE, Portimao Toastmasters Club
- 2023-2024 VPE, Portimao Toastmasters Club
- 2024 Acting President, Portimao Toastmasters Club (6 months after previous President suddenly departure)
- 2025-2026, Area Director H15 (District 91)
- 2025-2026 VPM, Liberty Speakers (from 21/1/26 given departure of officer)

Toastmasters honors and recognition:

- CTM (Competent Toastmaster) award, which has since been renamed as CC (Competent Communicator), 2005
- DTM (Distinguished Toastmaster), 2024
- Triple Crown award, 2021-2022
- Club Coach of the Year 2023-2024 (District 91)
- 2nd place International Speech Contest, Division D, 2020 (District 91)

Relevant work experience and how it relates to Toastmasters and your role as a District leader:

Having run my own law firm for many years, I have experience in leadership and management. In addition to this, in 2007-2008 I worked as a British Consul in the Algarve and dealt with British and local communities in the area.

What experience do you have in strategic planning?

Alongside my profession as a Lawyer, which requires analytical skills and strategic planning, I am a qualified Tennis and Padel Referee. The Referee is responsible for running the tournament and dealing with a variety of tasks such as preparing the draws and dealing with players' disputes during tournaments. Any tournament undertaken is run constantly under pressure, and requires a variety of skills such as strategic planning, communication skills, and making decisions.

What experience do you have in the area of finance?

As a self employed person I deal regularly with finance and accounting. I use an accounting software programme as well as spreadsheets to deal with reconciliation of accounts and reports such as balance sheet and profit and loss.

What experience do you have in developing procedures?

I have in the past established a charity in London named PASS:- Portuguese Speaking Advisory Services. It was formed to provide free general advice to Portuguese Speakers. As a founder and trustee I developed the charity's systems and procedures. As a Toastmasters Club Coach I assist clubs in developing procedures to achieve distinguished status.

What lessons did you learn from previous leadership positions?

I learnt that a good leader needs to provide a good example by being versatile, hard working, approachable, knowledgeable and decisive.

Why do you want to serve as a District leader?

I believe I have relevant skills and abilities to contribute to the role of Division Director. Having served as an Area Director I am prepared to further my leadership skills within Toastmasters.

In your opinion, what are the District mission's major objectives and how would you work to achieve them?

In my opinion the two main objectives are to promote Toastmasters international and to inspire more individuals to discover and join Toastmasters. I believe that marketing strategies such as a newsletter which I created for my Area and club collaboration are important to achieve these objectives.

Additional information about yourself:

I have travelled extensively either for work or holidays and in that I have visited Toastmasters clubs around the world. I visited clubs in places such as Germany, Austria, Italy, Japan, USA, and New Zealand. I am currently a club coach for the Cabo Verde Toastmasters club, District 107. My experience of these diverse clubs has given me a broad knowledge of Toastmasters International. I am bilingual in Portuguese and English languages and have conversational Spanish. I have also basic knowledge of German, French and can understand some Italian.