

Toastmasters District 91 Newsletter - November 2023

1 message

Nikita Parks, District 91 Public Relations Manager <newsletter@d91toastmasters.org.uk>

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To: District 91 Member <d91.adweb@gmail.com>

District 91

Newsletter

Contest Special Edition

November 2023



Welcome to this special edition of our November newsletter, dear Division **Z** member District 91 Member.

Our regular newsletter will follow in due course, but we're well into our contest season and we want to ensure that you you get the opportunity to experience all of our **Division Humorous Speech** and **Table Topics** contests, either in person at our venues, or online from the comfort of your own home.

For those of you not fully familiar with our district structure: we're organised into eight **divisions**, each comprising four to six **areas**, and each area comprises four to six **clubs**. Our speech contests start at club level. The winners progress to our area contests, now largely completed, and the winners from our area contests progress to our division contests. The contestants you'll see at our division contests are already winners and standards are high. Come along and become inspired. Next time, it could be you taking to the stage! If you think "no way, not me", then please pause to reflect that we were all new members once!

Your club is in Area **99** within Division **Z**.

The winner of each division contest progresses to our district finals which will be held during our District 91 10th Anniversary Conference from 3rd to 5th May 2024.

Best wishes,

Nikita Parks, DTM
Public Relations Manager 2023-24

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It is contest time in District 91 this November! Exciting times both for the Contestants and all the Organizers and Volunteers behind this event. Speech contests are a Toastmasters tradition and another great opportunity to develop yourself whether you participate, help organizing them or simply just be a spectator.

This year the calendar for District 91 is packed and each weekend starting from the 4th of November, we have a contest! Below the line-up:

- Saturday 4th November - [Division J](#)
- Sunday 5th November - [Division H](#)
- Sunday 12th November - [Division K](#)
- Saturday 18th November - [Division C](#)
- Sunday 19th November - [Division L](#)
- Saturday 25th November - [Division A](#)
- Sunday 26th November - [Division B](#)
- Saturday 2nd December - [Division D](#)

If you are a speech contestant, focus on the goal and might as well shoot for the stars. There is nothing wrong in imagining yourself on the stage of the World Championship of Public speaking. You can WIN! Possible? Yes! Few tips: Tell a story, make it Personal, Rehearse and Repeat, Look at the audience, Slow Down, Be Aware of your Body and finally Start with a Smile! However, there are also multiple benefits if you do compete, but you do not win, contests are nevertheless an opportunity for you to grow and improve faster, understand how to embrace feedback in a constructive way and build resilience!

If you are organizing a Contest or you are helping with a role in a contest, I want you let you know that your role is extremely critical! The Contestants are the stars of the show, but you my fellow toastmaster are the unsung hero, and I would like to sing your praise! Let's start by saying that without your time commitment, effort, and passion we would not have the contest, so thank you for taking up this challenge and make it happen! Depending on your specific interest and desired time commitment, consider taking on one of the roles. A list of the roles and details on how to organize a successful speech contests are available here on our website: <https://d91toastmasters.org.uk/members/resources/contests/running-a-contest/>.

Whether you are a judge or contest chair or timekeeper, volunteering to help run a speech contest offers some special benefits because it is an opportunity for you to refine your leadership, communication, networking and teamworking skills. I would also add, due to my experience of organizing contests, that this is a special opportunity to understand better what Toastmasters all is about and what opportunities there are beyond your club.

Finally, if you are a spectator to the speech competition there are benefits as well to that. First of all, you are going to watch the best speakers in the division in a fun and entertaining contest settings, furthermore this year we will have in each contest exceptional keynote Guest Speakers, that will deliver motivational and inspiring speeches on varied range of topics like leadership, resilience and communication. Last but not least, this represents a fantastic opportunity to network with fellow toastmasters from other clubs that as you want to intentionally develop their skills.

Enjoy this exciting time and good luck to all!

Your division C director, **Erika Oteri**

Division J

District 91 | Division J (Thames Valley & Wales)



Autumn Conference 2023

Saturday 4th November

Humorous Speaking & Table Topics



Aylesbury Vale Multicultural Centre
Friarscroft Way, Aylesbury HP20 2TE

Doors Open: 0930
Contest Starts: 1000
Also on Zoom

Tickets **£7.00**
Through Eventbrite



Guest Speaker:

Sarina Mann, *Breakthrough Public Speaking*
District 91, Table Topics Champion 2022/2023

Refreshments Provided



Sarina Mann: Breakthrough Public Speaking

Saturday 4th November 9.30 am - 2.00 pm

Aylesbury Vale Multicultural Centre
Friarscroft Way
Aylesbury HP20 2TE

[Tickets](#) £7.00 in person / Free online

Division H

Divison H - District 91

Humorous & Table Topics Contests

5th November 2023

12:00 pm - 5:00 pm

Lansdowne Hotel, King Edward's Parade, Eastbourne, BN21 4EE

Hybrid - Link Vis the D91 District Calendar

Key note Speaker

Simon Bucknall

"Getting To The (Real) Point"

Practical tips and insights for
higher impact speaking skills



Simon Bucknall: Getting to the (Real) Point

Sunday 5th November 12.00 pm - 5.00 pm

Lansdowne Hotel
King Edward's Parade
Eastbourne BN21 4EE

[Tickets](#) £5.00 in person

[Register](#) Free online

Division K

District 91, Division K

Public Speaking Workshop & Toastmaster Humorous & Table Topics Contest

Are you ready?

Sunday, 12th November 2023
09:30 - 13:30 GMT, Register at



Robin Sundstrom: How vlogging can help you become a more confident speaker

Sunday 12th November 9.30 am - 1.30 pm

Palestra House
[197 Blackfriars Rd](#)
[London SE1 8NJ](#)

[Tickets](#) £6.00 in person
[Register](#) Free online

Division C

Toastmasters District 91 · Division C



Public Speaking Conference

Saturday, 18 November
10am - 4:30pm GMT

The University of Law
2 Bunhill Row, London, EC1Y 8HQ

Tickets

<https://tinyurl.com/DIV-C-18-NOV-2023>



Leadership and Communication and Navigating change

Saturday 18th November 10.00 am - 4.30 pm

The University of Law - London Moorgate
[2 Bunhill Row](#)
[London EC1Y 8HQ](#)

[Tickets](#) £10.00 in person / £2.50 online

Division L

District 91, Division L



Improve beyond **expectations**

**Public Speaking Workshop
& Toastmaster Humorous
& Table Topics Contest**

Sunday, 19th November 2023
14:30 - 18:30 GMT, Register at



**Hilary Briggs DTM: Improve beyond expectations
and food and networking**

Sunday 19th November 2.30 pm - 6.30 pm

N1C Centre
Plimsoll Building
Handyside St
London N1C 4BQ

King's Cross is the nearest tube/railway station

[Tickets](#) £11.55 in person / £3.96 online

Division A



DIVISION A

Humorous Speech and Table Topics Contests

SATURDAY 25th NOVEMBER 2023
10.30 AM GMT
HYBRID

**Atherley Bowling Club, Hill Ln,
Southampton SO15 5DB
SOUTHAMPTON**

#SAVETHEDATE

Saturday 25th November 10.30 am

Atherley Bowling Club
Hill Lane
Southampton SO15 5DB

Details to follow on our [District Calendar](#)

Division B

Sunday 26th November 10.00 am - 2.00 pm

Details to follow on our [District Calendar](#)

Division D

Saturday 2nd December 12.00 pm - 4.00 pm

Details to follow on our [District Calendar](#)



District 91

1 level per member

10+ net members gained

100% Pathways enrollment

70th

Anniversary



This email has been sent to you at d91.adweb@gmail.com as you are a member of District 91 club , using our new member engagement platform. We will shortly be providing details of how to customise your personal experience with District 91 Toastmasters. This will enable you to opt-in or opt-out of specific types of communications and focus on what matters most to you. We are looking forward to serving you with relevant and engaging information.

Toastmasters International District 91 UK South, [106 Charlotte Avenue, Bicester, OX27 8AN, United Kingdom](#)

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